

# Your rights under the Mental Health Act: Section 4

## Detention in hospital for assessment in an emergency



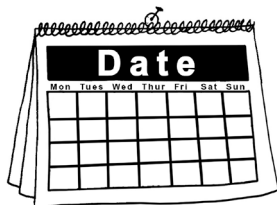
**Your name:**



**Your doctor's name:**



**Hospital name:**



**Date you came to hospital**

## Why am I in hospital?

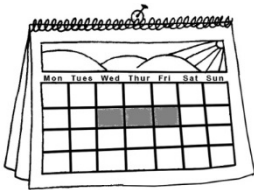


You are being kept in hospital under Section 4 of the Mental Health Act.



This is because a doctor thinks you need special care, in hospital to make you feel better.

## How long will I stay in hospital?



You will be kept in hospital for up to 72 hours (3 days).



You must not leave during this time unless your doctor says you can.



If you try to go you can be stopped



If you leave you can be brought back.

**In your case the 72 hours will end on:**

Date:

**What happens next?**



Another doctor will see you and may say that you need to stay in hospital for longer.



Your doctor or nurse will give you more information and tell you for how long this is likely to be.

## Will I be given treatment?



Your doctor and nurse will talk to you about any treatment they think you will need.



You can refuse any treatment you do not want.

Only in special circumstances can you be given treatment you do not agree to.

## Letting your nearest relative know

A copy of this leaflet will be given to the person the Mental Health Act says is your nearest relative.

**Their name is:**



If you do not want this person to be sent this leaflet please tell your nurse.

## Your letters



You can get letters while you are in hospital. You can send letters to anyone except someone who has said they do not want to get letters from you.

## How do I complain?



Speak to your nurse who will help you complain to the right person.



You can also write to the Care Quality Commission.



Your nurse will give you a leaflet explaining more.



## If you are unhappy about our services...



Please tell a member of staff.



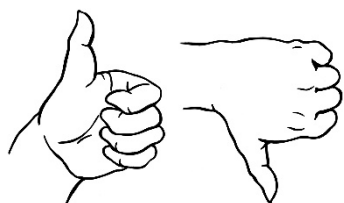
**Freephone** 0800 052 0219 or



**Email** [tewv.pals@nhs.net](mailto:tewv.pals@nhs.net).

## Feedback

We'd like to know if you thought this information was



- good or bad
- if anything was missing you wanted to know
- if there was anything you didn't understand.

Let a member of your care team know.

## Find this information

Staff: Trustwide shared drive > Patient and Carer Information > Trustwide

Service users and carers: Go to our website [www.tewv.uk](http://www.tewv.uk) and search Mental Health Act.

|                   |                             |
|-------------------|-----------------------------|
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