

# Community nursing team

Providing community mental health nursing support to adults with a learning disability in Darlington



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**Information for service users, families, carers and supporters**



01325 522050



Hundens Lane Resource Centre  
Hundens Lane  
Darlington  
DL1 1DT

## What is a community nurse?



A community nurse is someone who is there to help you stay healthy

## What do they do?



They can support and help you learn to cope with any problems you may have.



They can also help you with daily living skills



A nursing assessment will be done by the community nurse. This will tell the nurse how they can help you.

## What happens next?



The nurse will talk to you about your agreed care plan and help you with your needs.



If the nurse feels that you need to see other members of the team, this can also be arranged, for example: social worker, speech & language therapy, epilepsy nurse.



The nurse will visit you regularly to talk about how you are feeling and to keep your care plan up to date

## If you are unhappy about our services...



Please tell a member of staff.



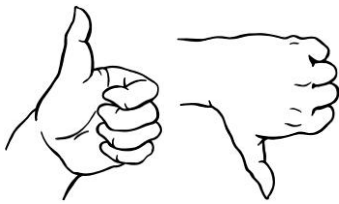
**Freephone** 0800 052 0219 or



**Email** [tewv.pals@nhs.net](mailto:tewv.pals@nhs.net).

## Feedback

We'd like to know if you thought this information was



- good or bad
- if anything was missing you wanted to know
- if there was anything you didn't understand.



You can tell us by email.

[tewv.communications@nhs.net](mailto:tewv.communications@nhs.net)

Or you can telephone the communications team on:



**01325 552223**

Pictures are from CHANGE Picture Banks [www.changepeople.org](http://www.changepeople.org)